

## SPIRITUAL DIRECTORS ST. IGNATIUS OF LOYOLA

<p><b>Kelly Chen</b></p>  <p><i>English &amp; Vietnamese</i></p>	<p>Kelly has been a parishioner of St. Ignatius for over 20 years and is currently involved in the Eucharistic Adoration ministry and serves as EMHC (Extraordinary Minister of Holy Communion) and worship coordinator. During her years as a catechist she attended classes and received a certificate for FTCM (Formation Toward Christian Ministry). Kelly graduated from Our Lady of Divine Providence School of Spiritual Direction in Clearwater, Florida and is a certified spiritual director. She is a full member of the Marian Servants of the Incarnate Wisdom. Kelly is originally from Viet Nam and is married to her husband Billy and they have three children.</p>
<p><b>Ruth Kleeman</b></p>  <p><i>English</i></p>	<p>Ruth has resided in Houston since 1983 and is a wife, mother, grandmother and a retired nurse. As a member of St. Ignatius of Loyola Parish since 1996, she has been active in several ministries and services on the parish level as well as participating in local and international missions.</p> <p>Ruth received her certification as a Spiritual Director/Companion from the Spiritual Direction Institute at the Cenacle Retreat Center after completing a three-year interdisciplinary formation and educational program. This process was an on-going time of discernment for answering God's call to become more involved with His Church.</p> <p>Becoming a spiritual director resulted from her involvement in various parish ministries, the longing for a deepening personal spirituality through daily prayer, and the desire to support others. Spiritual direction assists a person to reflect on God and to see Him in the on-going experiences of life through his Son and the Holy Spirit.</p>
<p><b>Ann Mechler</b></p>  <p><i>English</i></p>	<p>Although she is not technically a "native" Texan, Ann considers beautiful central Texas her home. She attended both high school and college in Austin where she earned a MS in civil engineering. After serving four years in the USAF as a transportation engineer, she took a little break from work and discovered her second career as a full-time wife and mother. Her path to becoming a spiritual director began during those wonderful years at home with her children. It was a special time of spiritual growth. Blessed with a wonderful Spiritual Director she met at St. Ignatius parish, Ann learned to hear and follow the Lord more clearly. She learned that praying with the Scriptures as St. Ignatius taught was a special way of hearing The Lord's loving voice. When Ann's youngest child began high school, she was called to return to school herself to study theology and to pursue a certificate in Spiritual Direction in order to share God's grace with others.</p> <p>Ann is a certified spiritual director through Our Lady of Divine Providence School of Spiritual Direction in association with Franciscan University of Steubenville. She holds a Masters of Arts in Theological Studies from University of St. Thomas in Houston. She serves as an EMHC and as an adult formation catechist. She loves to work with those entering the Church through the RCIA Process. She and her husband, Robert, have been active members of St. Ignatius parish since 2002. They are the parents of five children and a growing clan of grandchildren. She enjoys sewing, reading and lazy afternoons at the family ranch in Yoakum.</p>

**Dcn. Greg Mouton**



*English*

- I am currently one of the deacons at St. Ignatius.
- I grew up in South Louisiana, went to University of Southwestern Louisiana (USL) in Lafayette, LA where I earned both a BS and an MBA degree.
- I am married. God blessed us with three daughters.
- I spent 33 years in the railroad industry working with the Southern Pacific RR, The St. Louis Southwestern RR, and the Union Pacific RR.
- I was transferred with the Union Pacific RR to Omaha in 1996 and retired from the Union Pacific RR in 2010.
- I moved to Spring in 2010 and have been at St. Ignatius since that time.
- I am a certified spiritual director.

**Lillie Marie Poullard**



Lillie Marie Poullard has been a member of St. Ignatius Loyola Catholic Parish, in Houston, Texas for over twenty years. During this period she has served in several ministries, and currently serves as a Worship Coordinator during weekday Masses. She is also involved with the Hope Center & Bereavement meal programs, and is one of the founding members of the Living Stones group. She is also a member of the Marian Servants of the Incarnate Wisdom.

Following completion of the Spiritual Exercises of St. Ignatius of Loyola in 2010, Lillie Marie became interested in the Marian Servants, and began participating in the group's weekly meetings & other activities. In 2013, she had the opportunity to attend the Catholic School on Healing Prayer, conducted by the Marian Servants in St. Augustine, Florida. Then in 2014, she accepted the call of God and became a Full member of the Marian Servants of the Incarnate Wisdom and has been an active member since then. Her strong desire to further serve God with compassionate love for others led her to seek participation in the Ministry of Spiritual Direction and, her prayers were answered in 2016 when she was accepted into Our Lady of Divine Providence School of Spiritual Direction, in association with Franciscan University of Steubenville. With God's grace, she completed the program and received her certification in Spiritual Direction in June 2018.

Lillie Marie is married to her husband Paul, and they have three adult children, and four grandchildren. She was born and raised in the Opelousas, Louisiana area, and is a lifelong Catholic.

**Cindy Stegemeier**



*English*

I received my training and certification as a spiritual director through Our Lady of Divine Providence School of Spiritual Direction, in association with Franciscan University of Steubenville. My husband, Mark, and I have been parishioners at St. Ignatius since 1989. I am the assistant director of the Marian Servants of the Incarnate Wisdom and the assistant director of the Houston campus of Our Lady of Divine Providence School of Spiritual Direction.

A snapshot of my faith journey: I grew up in a faith-filled family and a church that cultivated a love of scripture and a strong sense of discipleship. During college, I entered the Catholic Church. Some years later I began to seek a deeper relationship with God and a wise friend recommended that I find a spiritual director. It was through spiritual direction that I learned to pray with scripture and encountered God in a new, very personal relationship. I am so grateful to the Lord for the spiritual direction that I have received and feel very blessed to be able to offer the gift to others. I especially enjoy guiding others through the Spiritual Exercises of St. Ignatius.

**Alicia Varela**



*English & Spanish*

I have been a Marian Servant since 2007 and was certified as a Spiritual Director in 2010 at the School of Spiritual Direction of Our Lady of Divine Providence in Clearwater, FL .

I am a cradle Catholic, married over forty years, a mother and grandmother. In 2002 I experienced metanoia, a radical conversion after attending a Cursillo Retreat, which was the beginning of my spiritual awaking and journey seeking a deeper more intimate relationship with Jesus Christ. I found myself in love with Jesus and knew that he had always been pursuing me for himself. I then set out to fulfil the desire of my heart, to do His will. Discernment through the guidance of my Spiritual Director, I was able to see that Jesus was asking me to be His instrument, to become a spiritual director, to be an instrument of the Holy Spirit, "...And you my child, will be called the prophet of the Most High; for you will go before the Lord to prepare his ways, to give knowledge of salvation to his people in the forgiveness of their sins, ..." (Luke 1: 76-77)

I have been providing individual spiritual direction since 2010 and have taken individuals through the 19<sup>th</sup> Annotation of the Spiritual Exercises of St. Ignatius of Loyola. I have participated in healing ministry and I am currently on the Archdiocese roster for the Diaconate Candidates' program for Spiritual Direction. I have also provided spiritual direction to students of the School of Spiritual Direction of Our Lady of Divine Providence in Houston, Texas since its inception in 2015. My husband and I are parishioners of St. Ignatius Loyola since 1985 and we are involved in various ministries. We serve on the board of directors of the Archbishop Fulton J. Sheen Foundation to work and promote the Cause of Canonization for Sainthood. All for the glory of God, ...A.M.D.G.

**Louis Varela**

*English & Spanish*

Louis E. Varela has been a parishioner of Saint Ignatius Church since 1985 and has been a certified Spiritual director since 2011. He received his formation and training as a spiritual director from The Cenacle of Our Lady of Divine Providence School of Spiritual Direction, in Clearwater Florida, in affiliation with Franciscan University of Steubenville. He has been a spiritual director in Galveston-Houston Diocese since 2011 and has served as spiritual director, since 2016, to several Diaconate candidates in formation. Since 1999 he has served in other parish ministries providing voluntary medical care at Casa Juan Diego, Houston, Texas, and medical missionary services in Guatemala, El Salvador and Costa Rica. He has been a member of the Marian Servants of the Incarnate Wisdom, Houston, Texas, since 2007.

**Janice Vines**



*English*

Janice Vines is a member of St Ignatius Catholic Church and a member of the Marian Servants of the Incarnate Wisdom. Jan is an EMHC and has served in many ministries. She graduated from Our Lady of Divine Providence School of Spiritual Direction, which is in association with the Franciscan University of Steubenville. Jan attended Galveston-Houston Archdiocese Diaconate formation with her husband at St Mary's Seminary and served for 8 years as a mentor of small faith sharing groups for the deacons' and wives' formation. She received a Diploma in Pastoral Theology from University of St. Thomas, School of Theology at St Mary's Seminary. Prior to this part of her journey she worked alongside her husband on Marriage and Engaged Encounters and Archdiocesan con-validation workshops.

Jan has been married for many years and has 3 grown children and 11 grandchildren. She enjoys spending time with her family and her grandchildren are her delight. Jan treasures all of the cute sayings of her grandchildren; however, one of the most treasured remarks made by a 6-year-old was "Grammy, your gift from God must be praying".